

Adekate Camp - CATERING FORMS

Please complete this form and return 14 days prior to your camp.

Email to admin@adekatecamp.au

NAME OF GROUP: _____

GROUP LEADER: _____

SPECIAL DIETS COORDINATOR: _____

DATES OF CAMP: From _____ to _____

NUMBER OF STUDENT CAMPERS: _____ AGE RANGE : _____

NUMBER OF TEACHERS / ADULTS: _____ or Year Level : _____

Each group must appoint a Special Diets Coordinator from within your staff team, who will take responsibility whilst on camp for:

- Introducing campers with special dietary needs to kitchen staff.
- Liaising with kitchen staff regarding campers with special dietary needs.
- Ensuring that each camper with special dietary needs receives the food especially prepared for them, by being present at each meal including morning & afternoon teas & supper.

See next page titled "Special Diets Coordinator Responsibilities" for more details.

Please tick your required meals and fill in times:

MONDAY	TUESDAY	WEDNESDAY
☐ Breakfast @ _____ am	☐ Breakfast @ _____ am	☐ Breakfast @ _____ am
☐ Morning Tea @ _____ am	☐ Morning Tea @ _____ am	☐ Morning Tea @ _____ am
☐ Lunch @ _____ pm	☐ Lunch @ _____ pm	☐ Lunch @ _____ pm
☐ Afternoon Tea @ _____ pm	☐ Afternoon Tea @ _____ pm	☐ Afternoon Tea @ _____ pm
☐ Dinner @ _____ pm	☐ Dinner @ _____ pm	☐ Dinner @ _____ pm

THURSDAY	FRIDAY	Usual meal times are:
☐ Breakfast @ _____ am	☐ Breakfast @ _____ am	Breakfast 8 am
☐ Morning Tea @ _____ am	☐ Morning Tea @ _____ am	Lunch 12:30/1 pm
☐ Lunch @ _____ pm	☐ Lunch @ _____ pm	Dinner 6 pm
☐ Afternoon Tea @ _____ pm	☐ Afternoon Tea @ _____ pm	However these times can be changed to suit your program.
☐ Dinner @ _____ pm	☐ Dinner @ _____ pm	

Packed lunches are available on request.

Duty Groups for setting / clearing and cleaning tables are required at each meal. Groups (approx. 10 students) should arrive 15 minutes prior to meal times accompanied by an adult leader to supervise

Specify no. of campers with Special Diets _____

- ☐ **Please tick if you require Billy Tea and Damper as part of your program (extra charges apply)**
(Usually taken in place of morning tea, afternoon tea or Supper.)

Please specify day and time: _____

- ☐ **Please talk to the chef after dinner if you would like supper in the evening**
(Usually something light e.g. biscuits or lamingtons)
- ☐ **Please tick if you require the whole menu to be Halal (if a large portion of your group is Halal)**

Adekate Camp

SPECIAL DIETS COORDINATOR RESPONSIBILITIES

Each group must appoint a Special diets Coordinator from within your staff team (best if it is not the same person who is in charge of the whole group), who will take responsibility for:

- Ensuring that the special diets forms provided by Adekate Camp are filled out and returned to Camp at least 14 days prior to your group arriving

These forms are used to:

- Describe the special diets required. Use extra copies as necessary for extra campers.
- Indicate if the camper carries an EpiPen.

SEVERE NUT ALLERGIES: Most common cereals, biscuits and chocolates all carry the warning “may contain traces of nuts”, generally most people are ok with foods that have this warning and eat them at home regularly, but there are some cases that are more severe. If this is the case for any of your campers, we ask that you list this in the comments section of their special diet form, requesting that they cannot have any items that carry the warning “may contain traces of nuts”.

Whilst on camp the Special diets Coordinator will be responsible for:

- Confirming upon arrival to Camp that the Special Diets Form we have received is correct, communicate with kitchen staff if there are any changes that need to be accommodated for.
- Introducing campers with special dietary needs to kitchen staff (often done at the first meal)
- Ensuring that all campers with dietary requirements or allergies know and understand that they are required to introduce themselves at each meal (second servings included) and inform kitchen staff of their allergy.
- Liaising with kitchen staff regarding campers with special dietary needs.
- Ensuring that each camper with special dietary needs receives the food especially prepared for them by our kitchen staff (all campers with special diets should be accounted for at each meal).
- Ensure campers with special diets are served **FIRST** at every meal time. This includes meals such as morning/afternoon teas & suppers.
- The Special Diets Coordinator must ensure that anybody with anaphylaxis carries their own EpiPen, or ensures it is **ALWAYS** with a teacher who is with that particular student.

Special diets meal procedure

Adekate Camp operates within the guidelines of ASCIA (Australasian Society of Clinical Immunology and Allergy). All kitchen staff have been trained on how to deal with special diets and allergies & our catering manager has been trained in specific anaphylaxis training.

In order to ensure that all allergies are catered for in the appropriate way, we require that all campers with **ANY** dietary requirement or allergy be served first at **ALL** meal times (this includes morning/afternoon teas & suppers).

Kitchen staff will ask each camper their name and allergy and refer to the list provided by the Special Diets Coordinator. Each camper will then either receive a meal that has been pre-prepared for them or be clearly instructed regarding the items on offer which will be suitable for them to eat.

The Special Diets Coordinator is required to be present and oversee this process to ensure that all campers inform kitchen staff of their dietary requirement or allergy & and that all campers with a dietary requirement or allergy have been accounted for.

With regards to morning/afternoon teas & suppers, it is the responsibility of the Special Diets Coordinator to be present and oversee the campers with special dietary requirement or allergies. Kitchen staff are not always able to monitor this area and therefore it is the Special Diets Coordinator's responsibility to make sure each camper gets provided with the correct food, which will be clearly labelled by kitchen staff.