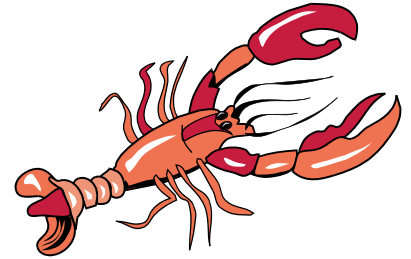


Log Cabin Camp

ACTIVITIES INSTRUCTIONS

YABBYING



DESCRIPTION

Yabbying is an age old Australian tradition and it can be enjoyed just a stones throw away from the main hall at Log Cabin Camp. Yabbying can be enjoyed by young and old and if you have a taste for seafood then nothing comes better than the taste of these little fresh water crayfish.

The aim of the activity is to provide participants with a new recreation experience, letting them catch their own food and to get a chance to cook it.

EQUIPMENT

- Yabby lines
- Knife
- Bucket (These things are in the blue container in the Sports room)
- Cutting board
- Bait (from kitchen)

INSTRUCTIONS

1. Activity Leader should pick up equipment from Kitchen and Sports Room and proceed with group to Yabbying Dam.
2. Take Yabby Line, small piece of meat (approximately 2.5 cm square) and tie across the centre of the meat firmly.
3. Push stick into the soft ground at the edge of the dam to secure line.
4. Carefully throw meat on line out into the water.
5. Each participant should then hold gently their line to feel the tug of a yabby when it is on the end of the line.
6. When confident that a yabby is present on the end, very quietly and slowly pull the line in. When the participant is confident that the yabby is only a short distance from the edge of the water, the net can be placed behind the yabby and then with quick movement towards the edge of the water the yabby can be scooped out.
7. Once the yabby is caught it can be placed in a small amount of water in the bucket.
8. At the conclusion of the activity the group, at their choice, can return with their yabby's for cooking or if they so desire, return them to the dam for future fun.

SAFETY GUIDELINES

- Participants are not to go into the water.
- Participants should be instructed to handle the yabbies with caution, i.e. do not stick finger in yabbies claw.
- Only leaders should cut meat for yabbies.

TIME TO ALLOW FOR THIS ACTIVITY: At least 40 mins

LOCATION

Yabbying is located at the small dam behind the trampolines next to the main swimming lake.

AGE SUITABILITY

Any age is suitable for this activity with appropriate supervision for the younger ages.

RATIO

1:10 It is recommended that there is one Instructor/Leader per ten participants.

INSTRUCTOR EXPERIENCE

Instructor should have previous experience in instructing and supervising groups in outdoor activities.

ASSISTING LEADERS EXPERIENCE

No previous experience is required for an assistant. An Assisting Leader is not essential for this activity, but if one is available can be very useful.

PARTICIPANT EXPERIENCE

No previous experience in the activity is required.

INSTRUCTOR RESPONSIBILITY

The Instructor is responsible for camper supervision and behaviour at all times, this includes: the supervision and behaviour of campers at the activity and to and from the activity the; assessing first aid requirements and identifying campers with asthma or other ailments; adhering to Log Cabin Camps' rules for the conduct of Yabbying; and ensuring that all the equipment is returned to the program room at the end of the activity.

The Instructor/Leader must inform the Assisting Leader (if one is available) of their role in the supervision of the activity.

PARTICIPANTS RESPONSIBILITY

Participants are responsible for adhering to the instructions of the instructor.

PARTICIPANTS CLOTHING AND ACCESSORIES

Solid footwear, sunscreen, sun hat.

FIRST AID REQUIREMENTS

The location of the activity is on the campsite, so if any injury should occur the designated camp first aider should be consulted.