

Raft Building

DESCRIPTION

Raft Building is an old favourite team building water activity. Another age old Australian tradition to be experienced at Log Cabin Camp; an activity to encourage teamwork and creativity.



INSTRUCTIONS

1. Activity Leader should proceed with group to location next to the Dam
2. Activity Leader should instruct entire group on the principle of raft building and the scenario that they will be acting out to rescue a fellow camper who is injured on the other side of the dam
3. Activity leader should divide group into two groups to undertake the challenge of making a floating raft.
4. Each group will then begin planning and constructing their raft with the PVC pipe on wooden poles then using the ropes provided assemble their raft.
5. When assembling the raft the activity instructor will set up the poles on the ground ready to go to limit injuries (particularly head injuries) prior to starting activity.
6. If so desired, time limits can be applied to give a competitive side to the activity.
7. Also if desired, a judge can be nominated to award the group that has used the most initiative to construct the sturdiest raft and/ or the team who rescued their mate most efficiently.
8. At the conclusion of the activity, Activity Leader should ensure all equipment has been packed away, including pipe and poles returned to rack and the ropes returned neatly to the ropes buckets and that all participants are present and return to campsite.

SAFETY GUIDELINES

- Participants should be instructed to be careful picking up materials for construction.
- To avoid disputes, participants should be instructed not to use opposing teams pipes or poles
- If participants should encounter wildlife for example: Blue tongue lizard, snake, nesting water hens or echidna, they are to retreat to a safe position in respect for the wildlife.
- Poles **must** be moved by two people holding at the ends to prevent a participant being struck by a pole.
- When entering the water with the raft there **MUST** be 2 people on every corner to aid in lifting using legs keeping back straight. No one is to drop the raft it should be lifted into the water until it floats.

TIME TO ALLOW FOR THIS ACTIVITY:- 45mins-1hr

LOCATION

Beside Dam near the Giant Swing. Poles and pipes are located under the tree

AGE SUITABILITY

The activity is suitable for participants 8+.

RATIO

1:10 It is recommended that there is one Instructor/Leader per ten participants.

INSTRUCTOR EXPERIENCE

Instructors should have Bronze Medallion or equivalent experience tying knots would be helpful but not essential.

ASSISTING LEADERS EXPERIENCE

No previous experience is required for an Assistant.

PARTICIPANT EXPERIENCE

No previous experience in the activity is required.

INSTRUCTOR RESPONSIBILITY

The Instructor is responsible for camper supervision and behaviour at all times, this includes the supervision and behaviour of campers at the activity and to and from the activity. The Instructor is also responsible for: water rescue and assessing first aid requirements and identifying campers with asthma or other ailments.

The Instructor/Leader must inform the Assisting Leader (if one is available) of their role in the supervision of the activity.

PARTICIPANT'S RESPONSIBILITY

Participants are responsible for adhering to the instructions of the Instructor.

PARTICIPANT'S CLOTHING AND ACCESSORIES

Swimmers or old clothes and enclosed footwear is advisable, water shoes are an advantage to campers and instructor.

FIRST AID REQUIREMENTS

One qualified first aider nearby if not at the activity.